

## HOW DO YOU ENVISION YOUR SCHOOL OR HOME?

### Conscious

- \*Teaching life skills
- \*Children with social-emotional aptitude
- \*Children who solve problems for themselves
- \*Self regulated adults and children
- \*Positive climate united in safety, connection and problem solving
- \*Inspired, skilled adults who make a difference

### Common

- \*Demanding compliance
- \*Bullies, victims and those who just watch
- \*Children who ask, “What do I get if I am good?”
- \*External controls, behavior charts and referrals
- \*Schools and homes divided by rewards, punishments, cliques and competition
- \*Apathy, anger and frustration

If you envision a “Conscious” classroom, center, school district, agency, home, workplace or organization-Your journey is beginning.

We will show you how to make your vision a reality.



## THE EVIDENCE SHOWS CONSCIOUS DISCIPLINE...

- ⇒ Reduces stress in both adult and children
- ⇒ Increases test scores and teaching time
- ⇒ Decreases bullying and aggression
- ⇒ Builds a positive school and home climate
- ⇒ Equips children with the tools to solve their own problems
- ⇒ Builds relationships by connecting adults with children and children with each other
- ⇒ Bridges social and cultural differences

It may seem impossible, but it is happening with Conscious Discipline. Every teacher, every school, every parent, every home, every child. We have the solutions.

Move forward with Conscious Discipline. ⇒



## Conscious Discipline®

Brain-Based Social-Emotional Learning

Discipline for Schools and Home

Positive School & Home Climate

Classroom Management

Unified School & Home Environment

Character Education

Social Skills

Bully Prevention



## Growth Possibilities In Conscious Discipline®

- Workshops for Teachers, Parents, Mental Health Professionals, Medical Teams, Clubs, Organizations
- Learn a Better Way
- Custom Designed Presentations
- One to Three Hour Workshops
- One and Two Day Presentations
- Parent Coaching
- Home Visits
- Classroom Set Up and Strategies

**Leslie A. Groth**  
**State Conscious Discipline®**

**Certified Instructor**

**Call or click now**

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## Conscious or Common?

**“Discipline isn’t something  
you do to children,  
it’s something you develop  
within them.”**

**Dr. Becky Bailey**



**Introducing**

**Conscious  
Discipline®**

