

WILD WACKY WONDERFUL WORLD OF ART EXPERIENCES

"Activities and materials they can manipulate, change, and transform spellbind children. Drawn to activities that involve their senses, children learn about their world. They try things out, find out things work, and learn about cause and effect."



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RECIPES

BASIC PLAYDOUGH

3 cups flour
1 ½ cups salt
6 tsp. cream of tartar
6 TBSP oil
3 cups water
Liquid watercolor or food coloring

Using an electric mixer, mix all ingredients together in a bowl. Cook over medium heat until it forms a ball. Remove from heat, knead. Store in a baggie or airtight container.

Variations:

- *add grounds from the morning coffee for a full pot
- *add 2/3 cup cocoa powder—decrease flour to 2 cups
- *add 1 package strawberry cake mix—decrease flour to 2 cups
- *make playdough black and add glitter

ADDITIVES FOR PLAYDOUGH

VANILLA—add 1 teaspoon vanilla essence to the dough

CRANBERRY—Put a big handful of cranberries and a cup of water in a pan. Bring to the boil then gently simmer on stove for 20 minutes (until liquid has reduced to about half). Once cooled pour through sieve then use as part of liquid in playdough recipe.

CITRUS/SPICE- after mixing ingredients in recipe add a few drops of citrus essence and about a teaspoon of allspice by kneading it into the dough

CHOCOLATE-add 1 tablespoon cocoa to playdough recipe ingredients

MARZIPAN- at end of mixing process add ½ teaspoon turmeric and ½ teaspoon almond essence

SOAPY STRETCHY PLAYDOUGH

4 TBSP salt

½ cup liquid starch

1 cup liquid soap (such as Dawn or Palmolive, etc.)

1/8 cup water

1 TBSP glue for the first part

additional ½ cup glue for the second part

2 cups cornmeal for the first part

additional 1 ½ cups cornmeal for the second part

Mix all ingredients together for first part. Then add the second part ingredients, ½ cup glue and 1 ½ cups cornmeal. Can be used as playdough or in the sensory table. (It will leave a slight residue on your hand but at the sink you will have lots of bubbles.)

GLUTEN/WHEAT FREE PLAYDOUGH

1 ½ cups rice flour

1 ½ cups cornstarch

1 ½ cups salt

6 tsp. cream of tartar

3 cups water

3 tsp. oil

Using and electric mixer, mix all ingredients together in bowl. Cook over medium heat until it forms a ball. Remove from heat, knead. Store in a baggie or airtight container.

KOOL_AID PLAYDOUGH

1 cup flour

1/2 cup salt

3 Tbsp. oil

1 pkg. Kool-Aid powder

1 cup boiling water

Stir together the flour, salt, and Kool-Aid powder in a bowl. Add the boiling water and oil. Stir and stir and stir

until the mixture forms a ball. Gently knead a couple of times then set aside to cool down. Keep in a resealable plastic bag or in a small container.

CLOUD DOUGH

8 cups white flour

1 cup baby oil

food coloring if you want colored clouds

Mix these together in large bowl or dishpan.

Knead the dough with your hands until it starts to stick together.

When the dough hold together to make shapes you are done mixing, (it can take anywhere from 2 - 10 minutes)

This is a messy dough and it can be doubled, tripled, or halved. It can be sculpted into what ever the child imagines.

Enjoy the dough!

CHOCOLATE EDIBLE PLAYDOUGH

3 cups powdered sugar

6 Tbs cocoa powder

3/4 cup powdered milk

1/2 cup stick butter OR margarine at room temperature
(butter does work better for this)

1/2 cup light corn syrup

1 tsp vanilla (or other flavoring)

You will also want up to an extra cup of powdered sugar, powdered milk, or flour for kneading.

(I like to use flour for the texture, but the other 2 options do happen to taste better.) This is going to end up making you a little over 2 cups of play dough.. a pretty fair amount for around 3 or 4 kids to play.

Mix the powdered sugar, cocoa powder, and powdered milk in a medium bowl and set aside. Then combine the corn syrup, butter, and vanilla in a large mixing bowl. Beat on low speed until creamy and well combined. If you would like to use another flavoring instead of vanilla, go right ahead! You could end up with chocolate cherry, chocolate mint, or even a chocolate orange play dough! I haven't tried making chocolate mint yet, but i am pretty sure you want only about a quarter teaspoon of flavoring for that.

Once your wet mix is ready, you can add the powdered mix in about one third at a time. It doesn't have to be perfectly

mixed because you will have to finish it off kneading it by hand on a well powdered surface. It should appear something like thick chocolate frosting before you start to work it. A little powder mix not quite blended in yet is also fine.

THE ABSOLUTE BEST PLAYDOUGH RECIPE EVER!

2 ½ cups water
1 ¼ cups salt
2 ½ cups flour
1 ½ TBSP cream of tartar
5 TBSP vegetable oil

Combine all ingredients; it will be a little lumpy. Heat on low heat, stirring continuously. It will smooth out and when it makes a ball take it off the heat. Add coloring and scents, if you choose to, while kneading the dough.

NATURAL HERBAL PLAYDOUGH

1 cup salt
2 cups flour
1 ½ cups boiling water
2 TBSP oil
juice of a fresh lemon
fresh herbs-rosemary, thyme, sage, oregano, mint or anything that smells nice and is not an irritant

Mix everything but herbs. As soon as it cools, start kneading until it is soft, stretchy and pliable. Mix in the herbs. It looks and smells wonderful.
Should be stored at room temperature in an airtight container.
Small twigs, pebbles, grass, leaves, pinecones, and flower petals may be added to the area for play.

RUBBERY PLAYDOUGH

2 cups baking soda
1 ½ cups water
1 cup cornstarch

Mix all the ingredients together with a fork until the mixture is smooth and one solid color
Bring the mixture to a boil over medium heat until thick and smooth
Place the cooked mixture on waxed paper
Allow to cool and it's ready to go

OATMEAL PLAYDOUGH

1 cup flour
2 cups oatmeal
1 cup water

Mix the oatmeal and flour together in a bowl.
Slowly add water to mixture
Knead the mixture until it is smooth and uniform
Add some coffee grounds or cornmeal to try different textures. You will notice that this oatmeal playdough will be a little bit sticky after you make it. That is quite normal and different from the traditional recipes for playdough. You can add some coffee grounds and/or cornmeal to reduce the stickiness and change to texture to whatever you like.

MICROWAVE PLAYDOUGH

1 cup flour
½ cup salt
2 teaspoons cream of tartar
1 cup water
1 Tablespoon cooking oil
Food coloring of your choice

Mix all dry ingredients together in a bowl
Add water, cooking oil, and food coloring
Mix both sets of ingredients together
Microwave for 2 minutes twice, stirring in between
Let it cool
Knead until texture is what you want
This microwave playdough recipe is good for kids as they do not have to use the stove at all, though it still requires supervision It is a little bit more complicated than some other recipes and takes about 20 minutes to make. If you store this microwave playdough in the refrigerator it keeps well.

JELL-O PLAYDOUGH

1 cup flour
2 TBSP salt
2 TBSP cream of tartar
2 TBSP cooking oil
1 Cup warm water
1 3 ounce package Jell-o any flavor

Add all the ingredients together in a big mixing bowl
Mix all the ingredients together until consistent

Pour into a cooking pot and stir continuously as it heats
Wait for it to thicken into a big ball and then place it on
a piece of wax paper to cool
Knead it for a few minutes once cooled with some flour
Add any food coloring or glitter to spice things up!

This is one of the most fun dough you can make so make sure
to give it a try once you've mastered some simpler recipes!
Be careful because Jell-O Playdough burns easily, so make
sure you cook it on low heat and keep stirring. If you
store it in an air tight refrigerated container you can
keep it for quite a few days.

SAND DOUGH

1 c. sand
3/4 c. liquid starch
1/2 c. corn starch

Mix both starches over heat. Add sand. Stir for several
minutes until thick like oatmeal. Form into ball. Pat into
a mold. Let sit in sun to dry.

CINNAMON DOUGH FOR ORNAMENTS

3/4-1 cup applesauce
1- (4.12-oz.) bottle ground cinnamon

No baking and simple for kids! Mix applesauce with cinnamon
to form a stiff dough. Roll out to 1/4-inch thickness. Cut
with cookie cutter. Make hole for ribbon. Carefully put on
rack to dry. Let air dry several days, turning
occasionally. Makes 12 sweet smelling ornaments.

FLUBBER

4 TBSP Borax
1 1/2 cups glue
4 cups warm water

Mix glue and 2 cups warm water in a bowl. Add coloring if
desired.

Mix Borax and 2 cups warm water in another bowl.
Slowly mix the borax mixture into the glue mixture. Stir
with your fingers. You will feel it start to coagulate.
Keep
SLOWLY pouring until it has the desired consistency.
You may not use all the Borax water. Store in a Ziploc bag
and it will last a few weeks.

Mayo will remove flubber from hair and Vinegar will remove it from things like carpet, clothes, couch, etc.

Variations:

- add glitter
- use clear glue, reduce glue to 1 cup and increase water to 4 ½ cups
- add 2 cups of polystyrene foam balls (like the ones to fill bean bags) (can be purchased at craft stores)

SLIME

2 TBSP Metamucil

2 ½ cups water

Takes about 90 minutes to make.

Combine the Metamucil and water in a jar with a lid. Shake for 2 minutes. Pour the contents into a microwave safe bowl and heat on high for about 5 minutes. Remove from microwave and cool about 3 minutes. Microwave for another 5 minutes. Alternate the microwaving and the cooling process about four or five times. After this 4 or 5 times allow slime to cool about an hour.

If kept in airtight Ziploc bag it will last about a week.

OOLICK

Equal amounts of cornstarch and water. May not need quite as much water.

Variation:

- add shaving cream to Ooblick

SIDEWALK CHALK PAINT

4TBSP cornstarch

4 TBSP water

5-10 drops food coloring

Pour mixture into empty dish soap bottle and add water to fill.

HOMEMADE GLUE

¾ cup water

2 TBSP corn syrup
1 tsp white vinegar
2 TBSP corn starch
 $\frac{3}{4}$ cup water

Heat $\frac{3}{4}$ cup water, vinegar and corn syrup until boiling.
Meanwhile mix $\frac{3}{4}$ cup water with cornstarch until well mixed.
Slowly add to boiling mixture. Stir continuously until boiling. After boiling, stir exactly 1 minute more. Remove from heat and cool.

It will be thin but will thicken. It should sit overnight before using.

SLIPPERY MUD

Dirt
Water
Liquid starch
Dish detergent

CLEAN MUD

IVORY soap bars
Grater
Toilet paper
Water
Grate soap into a container, tear up toilet paper and add to bowl. Mix with water.

BUBBLES

2 cups dish soap (Dawn)
 $\frac{3}{4}$ cup light corn syrup
6 cups water
Mix well and let sit for 4 hours.

SPARKLE PAINT

3 cups flour
3 cups salt
3 cups water

Mix in three separate batches, using 1 cup of each for each batch. Add a different color of food coloring or liquid watercolor to each.

Put in squirt bottles. Squirt on cardboard or Styrofoam plates. It will take a while to dry but when it does it will ***SPARKLE***

WINDOW PAINT

1 cup dishwashing liquid
 $\frac{1}{2}$ cup corn flour

Mix them together. Add food coloring. It is smooth and slippery when applied. If left on the window in the sun it feels rubbery like playdough.

FINGER PAINT

1/4 cup cornflour
2 cups water

Mix together. Add food coloring to get desired color. Boil until mixture thickens, then allow to cool. Pour into lidded containers to store.

FINGER PAINT

1/2 cup cornstarch
3 Tbsp. sugar
1/2 tsp. salt
2 cups cold water
food coloring

In a medium pan, mix all the ingredients together to make the finger paint. Cook over low heat 10 to 15 minutes. Keep stirring the finger paint mixture until it is smooth and thick. After the finger paint has thickened take the pan off the stove and let the mixture cool.

After cooling, divide the finger paint into storage containers depending on how many colors you would like. Add a few drops of food coloring to each container. Stir the coloring in to the paint to determine the shade of color. You're ready to finger paint! Cover tightly when storing.

KOOL-AID FINGER PAINTS

2 cups flour
2 packs unsweetened kool-aid, any flavor
1/2 cup salt
3 cups boiling water
3T. oil

Mix wet into dry. The kids love the color change. Then finger paint away.

JELL-O FINGER PAINTS

any kind of flavored jell-o
enough boiling water to make it a goo consistency for fingerpaint

Use you normal fingerpainting material or glossy paper.
Kids love the smell and the feel of it.

EASY FINGERPAINT

2 cups white flour
2 cups cold water
food coloring

Put water into a large bowl. Slowly add the flour, while the children are stirring. Once it's all mixed together, divide into smaller bowls and add food coloring.

CORNSTARCH FINGERPAINT

3 cups water
1 cup cornstarch
food coloring

In a medium saucepan, bring water to a boil. Dissolve cornstarch in a separate bowl with water. Remove boiling water from heat and add cornstarch mixture. Return to heat, stirring constantly. Boil until the mixture is clear and thick (about 1 minute). Remove from heat. As the mixture is cooling, divide into separate bowls and add food coloring. Let the children carefully mix in the coloring.

Hints: Add 1 TBSP of glycerin to make the mixture shiny. You can find glycerin in most drugstores or pharmacies.

CORN SYRUP PAINTS

Add food coloring to light corn syrup for a beautiful paint with an interesting texture. Mix up a cup of blue, yellow, and red, and put a spoonful of each on a paper plate. Child paints his plate with the colors. Allow five days drying time. Then your child can trace a design onto the bottom of the plate and cut out the design.

WATERCOLOR PAINT

3 tablespoons corn starch
1 and 1/2 teaspoons corn syrup
3 tablespoons baking soda
3 tablespoons white vinegar

Mix together and pour into separate containers with lids for use & storage. Mix in a few drops of food coloring into each container to make different colors.

SOAP FLAKES FINGERPAINT

1 1/2 cups dry laundry starch

1 1/2 cups soap flakes

1 quart boiling water

water

food coloring or tempera paint

Mix starch with enough cold water to make a paste. Add boiling water and stir until clear. Cool and add soap flakes and coloring. Store in a tightly sealed container

BATH CRAYONS

Grate a bar of soap until you have about 1 cup. Mix with 1 cup of hot water until the gratings are melted and you have stiff dough. Mix in a few drops of food coloring for color. Press the dough into molds (you can use candy or soap molds from a craft store) and allow to harden.

LICK & STICK STICKERS

Pour 2 tablespoons of cold water into a bowl and sprinkle 1 packet of plain gelatin over it. Whisk in 3 tablespoons of boiling water until gelatin is dissolved. Add 1/2 tablespoons corn syrup and a few drops of flavored extract for taste. Apply a thin layer of this solution to the back of whatever you want to make into a "sticker". Let it completely dry, and there you have it - your child can simply lick and stick when ready!

CHALKBOARD PAINT

Paint a chalkboard on your wall, a kids' tabletop, anywhere you want to be able to write with chalk! Mix 2 tablespoons of tile grout for every 1 cup of paint. Apply at least 2 coats of paint to your surface, and when it dries smooth it with 150-grit sandpaper. Before using any chalkboard, its best to turn a piece of chalk sideways and color the entire surface once, then wipe off with a damp cloth. This "conditions" your new chalkboard.

CRAYON NIBBLES

Gather up: Crayons - you can gather up broken pieces you already have or go purchase boxes and break them up into pieces Mini muffin pan (you may want to use a muffin pan dedicated to crafts after this because some crayon may transfer onto the pan)

Begin by preheating your oven to 265 degrees F. Remove all the paper from the crayons. Sliding an exacto knife down the length of the crayon may make the task quicker to peel the paper off. Break the crayons into about 1/2 to 1 inch size pieces. You can get 2 to 3 pieces per crayon. Put two to three similar colors in each muffin slot, and then bake for 6-8 minutes. Do not over bake the crayons. To know when they are done, they will melt just enough that you can no longer see the shape of the crayon. Remove them from the oven and let them firm up on the counter for a few minutes. To get them out of the pans easier, place them in the freezer until they are firm-this takes about 30 minutes. Then pop them right out!

TEACHER RESOURCES

Kid Concoctions by Robynne Eagan, Teaching and Learning Company

The Ooey Gooley Handbook by Lisa Murphy, Ooey Gooley Inc.

Ooey Gooley Tooey by Lisa Murphy, Ooey Gooley, Inc.

Even More Fizzle, Bubble, Pop & WOW! By Lisa Murphy, The Learning Adventure Company

What to Say When The Wolves Come Knockin'....in Illinois! By Lisa Murphy, Ooey Gooley Inc.

More Than Painting Exploring The Wonders of Art By Sally MooMaw and Brenda Hieronymus

1 2 3 ART by Jean Warren

1 2 3 COLORS by Jean Warren

The Big Messy Art Book: But Easy To Clean Up by Mary Ann Kohl

Clay and Dough: It's the Process, Not the Product by Mary Ann Kohl

Cooking art: Easy edible Art for Young Children by Mary Ann Kohl

Craft and Construction: It's the Process, Not the Product
by Mary Ann Kohl

Discovering Great Artists: Hands-on Art For Children In the
Styles of the Great Masters by Mary Ann Kohl and Kim Solga

Drawing: It's the Process, Not the Product By Mary Ann Kohl

First Art Experiences for Toddlers and Twos by Mary Ann
Kohl

Global Art Activities, Projects and Inventions from Around
the World By Jean Potter and Mary Ann Kohl

Good Earth Art: Environmental Art for Kids by Mary Ann Kohl

Great American Artists for Kids: Hands-on Art Experiences
in the Styles of Great American Masters by Kim Solga and
Mary Ann Kohl

Storybook Art by Mary Ann Kohl

Art Across the Alphabet by Kelly Justus Campbell

Art with Anything by Mary Ann Kohl

The Giant Encyclopedia of Art & Craft Activities for
Children 3 - 6 by Kathy Charner

Preschool Art by Mary Ann Kohl

Organic Crafts by Kimberly Monaghan

Mudworks by Mary Ann Kohl

Paint Without Brushes by Liz Wilmes & Dick Wilmes

Art Activities A to Z by Joanne Matricardi & Jeanne McLarty

Scribble Art by Mary Ann Kohl

Easel Art by Liz Wilmes & Dick Wilmes

**HELP YOUR ART AREA TO MEET THE
STANDARDS**

There needs to be a constant and consistent emphasis on process (not product) oriented art.

Art activities will be offered daily however no one will be "made" to do art.

The focus will be on the creative process without worry about projects being "mess".

Parents and teachers need to communicate about the importance of wearing play clothes to school so there isn't concern about "ruining" clothes.

Washable paint should be used at all times.

Tables and chairs should be made available in a "creation station" with materials stored on low shelves. This area should be available to children every day with little direction from adults.

Easels are made available on a daily basis. Paint cup and brushes are cleaned daily. Paper is always available

An open-ended process oriented art project is planned for the children daily. If more than one is planned a day that is fantastic!

Playdough is available on a daily basis in addition to easel painting, the creation station, and the process oriented activities.

Children's artwork should be displayed throughout the room at eye level.

Local artists are invited in to discuss and show their work to the children and the children may have opportunities to try the techniques.

Children have the opportunity to draw pictures and dictate stories about them.

Art materials available to the children are of different sizes, shapes and textures.

A NOTE THAT MAY BE ATTACHED TO ART WORKS, (MADE BY THE CHILD), BEING SENT HOME:

This painting (or whatever the art piece is) was done (date) using (List the materials).

Painting helps children grow in many ways.

(List several skills they practiced).

Take time to enjoy this painting (or whatever) with your child. Some things you might say to encourage the child to tell you about the process involved (list several suggestions).

Through sharing this painting (or whatever), you can discover what your child learned and thought about today.

Sign your name.